

Prayer Diary: Cuba

4-11 July 2026



Last year we released a groundbreaking report on Cuba's prisons. It found that freedom of religion or belief is systematically violated throughout the country's prison system – from the denial of access to religious literature (including Bibles), to the prohibition of congregating with other prisoners to practise one's religion or belief.

It also exposed how the Cuban government views freedom of religion or belief not as an inherent right, but as a 'benefit' which can be extended or withdrawn arbitrarily. It is therefore often weaponised to coerce prisoners into cooperating with the authorities.

The report is based on testimonies from 181 prisoners serving sentences in five different provinces. Many of them shared specific prayer requests with us, which we invite you to pray this week.

'May all those unjustly imprisoned be released and may our rights be respected.' Pray for the release of all political prisoners, including those held because of their religious beliefs.

'May he protect my family because I know that God's timing is perfect.' Ask God to comfort and provide for families as they wait for their loved ones to come home. 'Thank you for giving me the patience and strength to move forward.' Give thanks that God is with all Christians in Cuba, in or out of prison.

'May he grant me much knowledge so I can continue serving him.' Pray for churches as they meet vital needs in their communities, particularly around the anniversary of the 11 July 2021 protests, when the government often increases restrictions on religious groups.

'If I could ask God for anything, it would be freedom; that he change those who govern.' Ask God to bring about miraculous regime change in Cuba – in heart, personnel, or both.

Key date: 11 July 2026

This marks five years since unprecedented, peaceful protests swept Cuba, to which the authorities responded with force. Pray for those who are still unjustly imprisoned, and for all who may feel vulnerable around this anniversary.

Find out more at csw.org.uk/cuba